

## Seasonal fruits

**Seasonal fruits** are mostly available depending on your region, growing seasons and crop availability. In the warm areas, seasons start in earlier and end in longer. In colder areas harvest times start later and end sooner.



**Fruits** ➔ **Seasonal fruits**

### SEASONAL FRUITS

In order to enjoy fresh fruits and vegetables, it's good to know when they are available Fresh. Here is a seasonality chart which will help you in purchasing high quality, and reasonably priced produce. This chart could be slightly different in your part of the country.

#### Winter Fruits

Apple  
Bananas  
Grapes  
Mandarin  
Oranges  
Lemon  
Blood  
Oranges  
Sweet  
Oranges  
Pomegranate  
Clementines  
Grapes  
(Red)

#### Spring Fruits

Apricots  
Avocado  
Blueberries  
Cucumber  
Currants  
Cantaloupe  
Casaba  
Melon  
Cherries  
Figs  
Jack Fruit  
Navel  
Oranges  
Nectarines

#### Summer Fruits

Apricots  
Cantaloupe  
Blackberries  
Boysenberries  
Casaba Melon  
Watermelon  
Strawberries  
Raspberries  
Lime  
Plums  
Peaches  
Papayas  
Huckleberries

Kumquat

Cranberries

Kiwi

Passion

Fruit

Pummelo

Persimmons

Pears

Rhubarb

Satsuma

Oranges

Tangelo

Ugli Fruit

Tangerine

Papayas

Pineapples

Raspberries

Strawberries

Loganberries

Marionberries

Tayberries

Nectarines

Mangoes

Honeydew Melon

Lychee Nut

Guava

Grapes

Gooseberries

Currants

Figs

Cherries

Asian Pears