



September 14, 2020

Dear Parents/Guardians:

Our school will be participating in a special **Fresh Fruit and Vegetable Program** for the 2020-2021 school year. **We will be offering fresh fruits and vegetables as snacks.** We are excited to have been awarded this grant to provide our **John Fenwick Academy & Salem Middle School** children with healthy, nutritious foods. **The NJ Department of Agriculture awarded this program to only 168 schools throughout the state.**

**2 days each week your child or children will enjoy a fruit or vegetable.** Occasionally, there will be **information and recipes** sent home for you as a family to participate in promoting and increasing your consumption of fruits and vegetables

Please try to extend your child's/children's fruit and vegetable experience by **encouraging fruits and vegetables at meal times and for snacks.** Your participation will contribute to the success of this project!

**The goals of the fruit and vegetable program are as follows:**

- ✓ Increase Children's Fruit & Vegetable Consumption
- ✓ Create Healthier Schools
- ✓ Promote Wellness
- ✓ Change Children's Diets to Impact their Future Health

We hope you will extend our goals among your family and promote fruits and vegetables at home. Thank you for your support!

**Remember --- Eat More Fruits and Vegetables Everyday!**