



Salem High School

Department of Athletics and Student Activities
219 Walnut Street Salem, New Jersey 08079 (856) 935-3900

David W. Suiter (CMAA), Athletic Director (Ext. 3226)

Daily Activities Hotline (Ext. 3636)

Dear Parents and Student Athletes,

A recent policy statement issued by the NJSIAA Executive Committee requires member high schools to develop a policy related to concussions including forms and guidelines in order to educate student-athletes, school personnel, and parent-guardians about concussion.

Parents-Guardians

- Beginning July 1, 2010 the parents of all athletic candidates shall receive, on an annual basis, a concussion fact sheet and they will be required to submit a written verification (form to be provided) that they have read the information. Students will not be permitted to participate in scrimmages or games without a verification form on file in the Athletic Office.
- Additionally, parents of all Freshmen, Juniors and all new incoming students playing a contact or collision sport will receive a written description of the Salem High School ImpACT testing protocol and a permission slip for their child to be baseline tested. Students will not be permitted to participate in scrimmages or games without a completed ImpACT baseline test on file in the Athletic Trainer's office.

Students

- Beginning July 1, 2010 all athletic candidates shall receive, on an annual basis, a concussion fact sheet and they will be required to submit a written verification (form to be provided) that they have read the information. Students will not be permitted to participate in scrimmages or games without a verification form on file in the Athletic Office.
- Additionally, all Freshmen, Juniors and all new incoming students playing a contact or collision sport will receive a written description of the Salem High School ImpACT testing protocol and a permission slip to be baseline tested. Students will not be permitted to participate in scrimmages or games without a completed ImpACT baseline test on file in the Athletic Trainer's office.
- Students will also be required to participate in a concussion awareness program at the start of each season conducted by the Athletic Department.

Included in this letter are Parent and Student Fact Sheets about concussion signs, symptoms and prevention produced by the Centers for Disease Control (CDC). Additionally, it is recommended that parents and student athletes view a CDC video about the dangers of continued play prior to proper treatment. You can access this video by clicking on the concussion button at the top of the Salem High School Athletic Web Page (www.salemnj.org) or at http://www.cdc.gov/TraumaticBrainInjury/CTK_Video_WM_BB.html.

The web page also contains copies of this letter, the parent and athlete fact sheets and a copy of the Policy/Procedures/Return to Play Protocol.

After reading and reviewing the information please sign the form below and return it to your coach prior to the first scrimmage/game. Students will not be permitted to participate in scrimmages or games without a verification form on file in the Athletic Office.

Thank you for your attention to this important matter,



David W. Suiter, CMAA

Parent/Guardian Acknowledgement

I have read the "Heads Up: Concussion in High School Sports Fact Sheet for Parents".

(Signature of Parent/Guardian)

Student/Athlete Acknowledgement

I have read the "Heads Up: Concussion in High School Sports Fact Sheet for Athletes".

(Signature of Student/Athlete)

(A signed copy of this form must be on in the Athletic Office prior to participation in scrimmages or games.)